

LYNCH SCHOOL OF BALLET

2016-2017 ACADEMY SCHEDULE



BALLET I

Monday 4:45–5:45 Lynch
Wednesday 4:00–5:00 Lynch
Saturday 11:00–12:00 Aymong

BALLET IIA

Tuesday 4:00–5:00 Lynch *Year 1
Wednesday 5:00–6:00 Lynch *Year 2
Saturday 12:00–1:00 Aymong *Year 1 and 2

BALLET IIB

Monday 5:45–6:45 Lynch
Thursday 4:45–5:45 A. Brogan
Saturday 9:00–10:00 Lynch

BALLET III

Tuesday 5:00–6:30 Lynch
Thursday 4:15–5:45 Lynch
Saturday 10:00–11:30 Lynch

*Pre-pointe will be held the last 15 minutes of each class

BALLET IV *COMPANY MEMBER*

Monday 6:15–6:45 Character-Thatcher
Monday 6:45–8:15 Technique-Lynch
Wednesday 6:00–8:00 Technique and Pointe-Lynch
Friday 6:30–8:30 Technique and Pointe-Thatcher
Saturday 11:30–1:30 Technique and Pointe-Lynch
Sunday 12:30–1:30 Company Class-Lynch/Aymong/Guest Teacher for Ballet or Modern Dance

BALLET V *COMPANY MEMBER*

Monday 6:45–7:45 Technique-Thatcher
Monday 7:45–8:15 Stretch/Pilates Mat Class-Thatcher
Monday 8:15–9:15 Pointe and Variations-Lynch
Tuesday 6:30–8:30 Technique and Pointe-Lynch
Thursday 5:45–7:45 Technique and Pointe-A. Brogan
Saturday 1:00–1:30 Character/Classical Repertoire-Aymong
Saturday 1:30–3:30 Technique and Pointe-Lynch/Aymong
Sunday 12:30–1:30 Company Class-Lynch/Aymong/Guest Teacher for Ballet or Modern Dance

BALLET VI *COMPANY MEMBER*

Monday 7:45–8:15 Stretch/Pilates Mat Class-Thatcher
Monday 8:15–9:45 Technique-Thatcher
Tuesday 6:30–8:30 Technique and Pointe-Lynch
Thursday 5:45–7:45 Technique and Pointe-Lynch
Friday 4:30–6:30 Technique and Pointe-Thatcher
Saturday 1:30–3:00 Technique-Lynch/Aymong
Saturday 3:00–3:30 Classical Variations-Lynch/Aymong
Sunday 12:30–1:30 Company Class-Lynch/Aymong/Guest Teacher for Ballet or Modern Dance